

The Gifts of Nothing

A Retreat for Clergy Spouses of the Arkansas Conference

Meet the speaker: Karen Crutchfield has been married to Charles for 43 years. They have two children: Scott Crutchfield (deceased) and Melissa Crutchfield of Washington, D.C. Since 2004, when her husband was elected to the episcopacy and assigned to the Arkansas Conference, she has worked on awareness of and support for the needs of clergy spouses and families. She has taught at various workshops within the life of the church, led in 8 retreats for clergy spouses, and sponsored coffees and gatherings for clergy spouses around Arkansas. Karen has always enjoyed being involved in church music, as choir member, children's choir director, pianist and organist. In her leisure time, Karen's interests include hiking, reading, gardening, and photography.

Schedule highlights:

Friday:

- ❖ 3:00-6:00 p.m. Arrive, settle in
- ❖ 5:30-6:30 p.m. Sandwich supper
- ❖ 7:00 p.m. Welcome

Saturday:

- ❖ 12:00-4:00 p.m. Choices:
 - Hiking
 - Worship with camera
 - Hayride
 - Meditation Trail
 - Labyrinth
 - Prayer Shawls
- ❖ Dinner: Fish Fry

Sunday:

- ❖ 10:00 a.m. Worship with communion



What to bring:

- Comfortable, casual clothing
- Hiking shoes if planning to hike
- Camera
- Something warm to wear outside
- Flashlight
- Rain gear or umbrella
- Personal items
- Towels
- Sheets or sleeping bag
- Bible, journal or notebook
- Snacks to share

Cost: Lodging, meals, and retreat materials are covered in the \$90 retreat fee. Scholarships of \$40 are available by contacting Lu Harding, lu@mouteagle.org or 501-723-4580.

Directions to Mount Eagle are available at: www.mouteagle.org

This event is underwritten by The United Methodist Foundation of Arkansas

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March 23-25, 2012 Mount Eagle Retreat Center

Name: _____ Phone: _____

Address: _____ E-Mail: _____

City/Zip: _____ District: _____

May we send confirmation by email ? _____

Roommate(s) preferences: (3 persons per room)

Health needs that will help us decide where to house you: _____

Special Dietary Needs _____

Emergency Contact : (Name & Number)

- Yes, I will attend Friday supper (please check)

Registration is not complete until form and money are received. Space is limited to the first 40 spouses of clergy to register.

Registration deadline is **March 16, 2012**. (Contact Mount Eagle for late registration possibilities) No refunds after this date.

Print out and send with \$90 registration fee (*make check to Mount Eagle*) to:

Mount Eagle Retreat Center
935 Beal Road
Clinton, AR 72031