

# Sweet Life Café Women's Retreat

**Oct.12-14, 2018**

Check-in 6:00 PM

Cost \$130

Retreat Leader

Amy Machen

Director of Adult Ministries

El Dorado FUMC

**MOUNT EAGLE  
RETREAT CENTER**

**Our mission is to provide  
Christian hospitality and  
opportunities for holy  
listening**

Registration available online: or  
mail bottom portion of flyer.

[http://www.mounteagle.org/  
events/](http://www.mounteagle.org/events/)

935 Beal Road  
Clinton, Arkansas 72031

More Information Contact:

Mike "Sarge" Leonard

Cell—501-757-1875

E-mail: [director@mounteagle.org](mailto:director@mounteagle.org)



Sweet Life Café Retreat provides an experience that allows women to slow down and savor time with God and each other. It feels like a cozy day at your favorite coffee shop—where women can find rest, laugh, share their stories, and grow closer to each other and God.

Session 1: Life is sweet when we trust God.

Session 2: Life is sweet when we make time for friends.

Session 3: Life is sweet when we are nourished by Jesus.

Session 4: Life is sweet when we savor time with God.

Session 5: Life is sweet when we serve others.

Session 6: Life is sweet when we share it with others.

- Handicap accessible rooms
- Linens provided
- 5 meals
- Double or triple occupancy rooms
- Registration for 40 women



# Sweet Life Café Women's Retreat

**October 12-14, 2018 Mount Eagle Retreat Center near Shirley, AR**

**Directions to Mount Eagle:** From Hwy 65 at Botkinburg, 8 miles north of Clinton, turn east onto Hwy 110 and go

approx. 11 miles to the Mount Eagle Sign. From Hwy 16 near Shirley, take Hwy 110 west and go approx. 5 miles

to the Mount Eagle sign. Turn onto Sally Flat Road and travel approx. 2 miles to the Mount Eagle entrance and

another large blue sign. Follow the signs to check-in at Beal Lodge.

**What to bring:** comfortable clothing, appropriate outdoor wear if you choose to explore Mount Eagle, flashlight, personal toiletries, and Bible.

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## Sweet Life Café Women's Retreat Oct. 12-14, 2018

Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ (include zip please)

Local Church: \_\_\_\_\_

District: \_\_\_\_\_

Special Dietary Needs:

\_\_\_\_\_

Roommate Preferences (if any)-You will be staying in Beal Lodge, Cabe Cottage or Hodges Cottage.

Beal will be 2 or 3 to a room with private bath. Cabe and Hodges are 2 to a room with a semi private bathroom.

\_\_\_\_\_

Emergency Contact: (Name & Number

\_\_\_\_\_

I give permission for Mount Eagle to share my name and phone number with other registered participants for possible ride sharing.    \_\_\_ YES \_\_\_ NO

Print out & send bottom section of this page with \$130 make check to (Mount Eagle)

Mailing address:

Mount Eagle Retreat Center

935 Beal Rd

Clinton, AR 72031

The registration fee includes lodging, 5 meals,

Registration deadline October 5th, 2018. No refunds after that date. Confirmation will be sent by email unless none is listed.